

Discovering Your Personal Core Values

All of these are good things, but ask yourself what you really care about. Which ones stand out to you? They all sound nice, but which ones do you *need*? Which ones really bother you when they are missing, what activities make your week, what actions make your day?

Authenticity	Competency	Honesty	Openness	Self-Respect
Achievement	Contribution	Humor	Optimism	Service
Adventure	Creativity	Independence	Peace	Spirituality
Authority	Curiosity	Influence	Pleasure	Stability
Autonomy	Determination	Inner Harmony	Poise	Success
Balance	Family	Justice	Popularity	Status
Beauty	Faith	Kindness	Recognition	Teamwork
Boldness	Flexibility	Knowledge	Religion	Trustworthiness
Compassion	Friendships	Leadership	Reputation	Wealth
Challenge	Fun	Learning	Respect	Wisdom
Citizenship	Growth	Loyalty	Responsibility	
Community	Happiness	Meaningful Work	Security	